

TINA

COWORKER 1 – WOMAN 1

COWORKER 2 – WOMAN 2

**SCENE 7**  
**Tina's Office**

*This scene Tina is in the afternoon of her workday. On the heels of a huge presentation, she's chats with a friend about how much has changed in the months since starting DAYVIGO; accomplishing so much more, realizing she's more alert and energetic from her improved sleep. Tina receives a call from her daughter and we hear the two talk about their crazy schedules and how excited Tina is to reclaim the important moments of her life. Scene is about next-day success, getting a more restful sleep and regained energy.*

*(Lights up; the team, Tina and two coworkers, gathering around in celebration. They just concluded a huge presentation and they are just coming off that high. General high-fives and congrats all around)*

**COWORKER1**

Did you see their faces?? That was amazing, they were totally blown away.

**COWORKER2**

I know, right, we really knocked it out of the park.

**TINA**

(Congratulating) Nice job, you were great.

**COWORKER1**

Well done. Congrats!

**COWORKER2**

Thanks, you too. Wow, that went better than we expected.

**COWORKER1**

I knew we could do it; we've got a great team.

**COWORKER2**

And we had some great ideas, not just the typical, blah blah blah... we really brought them some great thinking. Especially you Tina... you really brought the whole proposal together.

**BOTH**

Great work Tina... Nice job Tina... We couldn't have done it without you...

**TINA**

Thanks guys, we did this together. I'm proud of all of us. I'll see you all at the 2 o'clock, okay?

**BOTH**

Sounds great.... Sounds good... See you at 2.  
*(Leaving in different directions; Tina & Coworker1 stays behind)*

**COWORKER1**

So, what did you really think Tina, pretty good right??

**TINA**

Better than pretty good, we really did do a great job. *(Beat)* I couldn't be happier.

**COWORKER1**

I have to say, you've really been on fire the last few months. What's going on with you? Where is this newfound energy coming from? Can I have some?

**TINA**

I'm not sure. I think I'm just in a better spot mentally these days. Sleeping better and feeling better.

**COWORKER1**

We'll keep it up.

**TINA**

Thanks for noticing.

**COWORKER1**

How could I not? It's been a pretty dramatic shift for you, wouldn't you say?

**TINA**

I guess. What do you mean?

**COWORKER1**

Well, you used to be so... out-of-it. Not very present in meetings, kinda distracted... I thought for sure you were looking for a new job. *(Beat)* Are you looking for a new job?

**TINA**

(Laughing) No... funny, I'm not. Truthfully, I wasn't getting much sleep. I was struggling with insomnia pretty badly. But, hopefully, that's all behind me. I've started a new treatment, and that seems to be going great.

**COWORKER1**

Well, that's great news. We're glad to have the ol' Tina back.

**TINA**

Thanks. Me too. I knew my insomnia was bad... real bad... not getting sleep stinks. But, I didn't really know how much it affected all the other parts of my life. Work, family, my daughter...insomnia had a terrible effect on everyone in my life, not just me.

**COWORKER1**

Yeah, wow. I know I feel pretty lousy after a night when I can't sleep, but I can't imagine how hard that would be night after night. I'm glad this new treatment is working for you.

**TINA**

Me too, its been a loooong road. You know what's been the best part of this all, getting my days AFTER insomnia back. Getting to feeling like myself again.

**COWORKER1**

How long did you have insom... *(Interrupting; Tina's cell phone rings)*

**TINA**

Oh, it my daughter, do you mind if I take this real quick?

**COWORKER1**

Not at all *(gathers stuff, starting to walk off)* I'll see you at 2. Congrats again.  
*(Coworker1 leaves the stage)*

**TINA**

Hey honey. Is everything okay? What going on?  
*(Beat)*

**DAUGHTER VO**

Hey mom, everything's fine. I'm on lunch and I just wanted to say hi... HI.

**TINA**

Wow, that's so sweet. I'm glad you called. How's your day so far?

**DAUGHTER VO**

All good here. Boring as usual. But I've been thinking about our girl's night tonight, I'm pretty excited for us to hang out.

**TINA**

Me too.

**DAUGHTER VO**

Now, you're not going to bail on me, are you? Tell me you're too tired or something??

**TINA**

No, I'm excited too. And, I told you, those days are behind me. No more flaking out because I'm too tired. I'm not that person anymore. Insomnia won't get in the way of me living my life anymore. (*Beat*) I can't wait for our girl's night together. Go get our nails done, a little shopping, they grab some dinner.

**DAUGHTER VO**

That sounds perfect. Thanks mom. I'll meet you at home.

**TINA**

Great. Love you

**DAUGHTER VO**

I love you too mom.

(Tina hangs up and takes a minute to reflect; thankful for her life; lights slowly fade)